

Helping Parents Around the House

The Purpose of Chores for Kids

Sponsored by Families for Forward Thinking

The Benefits

- ✓ Gives children a sense of responsibility
- ✓ Builds self-esteem
- ✓ Gives importance to complete an assigned job or task
- ✓ Helps emphasize the value of keeping things clean and organized
- ✓ Sets a pattern for helping around the house
- ✓ Gives your child a sense of being a part of a household "team"

Pitfalls to Avoid

Insisting on Perfection

No one is perfect, and it's better to have a more relaxed approach to how well your kids do their chores.

Delaying Chores

You might think your child is too young, but your kids may be more capable than you think. Kids can do a lot of chores at an early age.

Being Stingy with Praise

Praise and encourage the child while the chore is in progress. You want to build positive momentum, especially with young kids.

Being Inconsistent

If your kids aren't expected to regularly follow through, they might start putting chores off in the hope that someone else will do them.

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For even more help, visit Wee Wisdom's website at <http://www.weewisdomkids.com>

CHORES BY AGE

AGE 2-3



Pick up toys

Wipe up spills

Dust

Clear space at
mealtime

Help put away
groceries

Sort recycling



Put dirty clothes
in laundry

AGE 4-6



Make their beds

Sort laundry
and put
clothes away

Feed pet(s)

Make a small
snack

Set the table



Pull weeds

Water plants

AGE 7-9



Get themselves
up in the
morning with
an alarm clock

Make their own
school lunch

Manage an
allowance

Fold laundry

Cook simple
meals
(Using a knife is
up to an adult)

Load and
unload
dishwasher

Vacuum



AGE 10+



Operate the
washer
and
dryer

Mow the lawn

Basic home
repairs

Family budget
(Help create
a plan for
school clothes or
family vacations)



Take an extra
job to earn
own money

Cook a
complete meal

Wash the car



Online Resources

- ✓ **100 Chores Your Kids Can Do For an Allowance**
<http://makingofamom.com>
- ✓ **Kids Cooking Camp at Home (Simple Tips & Recipes)**
<http://www.thirtyhandmadedays.com>
- ✓ **How to Create a Chore Chart That Actually Works**
<http://www.livingwellspendingless.com>
- ✓ **The Importance of Chores For Children (Printable Chore Chart Available)**
<http://www.sunshineandhurricanes.com>